

Features and Contents of Sport's Sustainable Development In China

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Abstract

In order to understand the direction of sport's sustainable development and to advice national physical education policies, this research, conducted through the method of literature analysis, collected information, analyzed the relation among backgrounds of sport's development, physical education, and sustainable development, and then concluded with their special features and contents in china. We came to the conclusion that sport's sustainable development ought to include development, system, equity, and balance. As the theory of sustainable development penetrates in our daily life and sports need being developed, the main goal of sport sustainable development is to make sports become more social, international, and scientific.

Keywords: sports, sustainability

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競技運動永續發展的特徵和內涵

～以中國為例～

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摘 要

為了瞭解競技運動永續發展之方向，以提供國家體育發展政策之參考，因此本研究以文獻資料分析法，蒐集並分析中國競技運動永續發展背景、體育與永續發展關連之研究，並作出競技運動永續發展的特徵和內涵，最後提出：競技運動發展內涵應包括：發展性、系統性、公平性及平衡性。隨著永續發展理論在社會生活的滲透及競技運動自身發展條件的需求，競技運動永續發展戰略的重要目標，必需實現競技運動的社會化、國際化與科學化等特徵。

關鍵字：競技運動（競技體育） 永續發展（可持續發展）

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